



ENDOTOXIN REMOVAL IN COVID-19

Is there a rationale for endotoxin removal in severely ill COVID-19 patients? As a matter of fact, 90% of patients with severe pulmonary forms of COVID-19 have increased endotoxin levels and the level of endotoxin is directly related to the severity of COVID-19.^{1,2} Also, these patients are at high risk of sepsis.³

Endotoxin triggers cytokine storms

The spike protein in SARS-CoV-2 has been shown to bind to endotoxin, starting the inflammatory signalling and dysregulated immune response.⁴ Endotoxin is one of the most potent bacterial inducers of cytokines and can induce a cytokine storm through binding to Toll-like receptor 4 (TLR4).^{5,6,7,8}

High risk and prevalence of bacterial infections

Dysregulation of the immune system may be associated with a high risk of developing a secondary bacterial infection. Studies show that up to 60% of COVID-19 patients in the ICU have secondary bacterial infections - most commonly respiratory infections from gram-negative bacteria.⁹

COVID-19 patients with pulmonary superinfections require longer ICU-treatments¹⁰ and are at higher risk of ventilator-associated pneumonia (VAP)¹¹ - in fact, it is the most frequent hospital acquired infection in these patients, and it is often caused by gram-negative bacteria. Furthermore, VAP has been demonstrated to be the most frequent hospital infection associated with septic shock.¹²

In the absence of a bacterial infection, antibiotic treatment can cause release of endotoxin, triggering endotoxemia and over-production of pro-inflammatory cytokines - an antibiotic-induced inflammatory storm.¹³

Translocation of bacteria from the gut

Endotoxin in COVID-19 does not originate from the virus itself but is thought to be released from gram-negative bacteria in the gut, due to inadequate blood flow.^{14,15,16,17} The gut barrier dysfunction that allows endotoxin to leak out from the gut into the blood, can potentially cause sepsis and multiple organ failure.¹⁸ Also, it can travel to the lungs and affect the immune response as well as the lung microbial composition.¹⁹

It is argued that comorbidities of COVID-19 such as obesity, type 2 diabetes, cardiovascular diseases, and old age of patients – comorbidities in which increased levels of endotoxin are found – are connected via viral-bacterial interactions, initiated by translocation of bacterial products such as endotoxin from the gut into circulation.²⁰ In fact, translocation of endotoxin could play a larger role than previously thought in severely ill COVID-19 patients.²¹

Complement activation increases endotoxin levels

The use of mechanical and hemodynamic support heightens the immune response of the patient. Being on ECMO- and/or a CRRT machine, the patient may have an inflammatory response to extracorporeal circulation (complement activation) resulting in increased endotoxin levels.^{22,23,24,25}

Endotoxin removal in COVID-19 - conclusion

Extracorporeal techniques have a possible role in “restoring a balanced immune response by eliminating/deactivating inflammatory mediators”.²⁶ Binding and clearing endotoxins from circulation could be an appropriate intervention in the fight against COVID-19.

Studies have shown that endotoxin adsorption results in clinical improvement in severe COVID-19 patients with elevated endotoxin levels (measured by EAA, Endotoxin Activity Assay).²⁷

The Alteco LPS Adsorber removes endotoxin (lipopolysaccharide, LPS) from the patient's blood as it passes through the device. Based on the significance of endotoxin in COVID-19, the Alteco LPS Adsorber may be of use in COVID-19 patients suspected to have gram-negative bacterial infection, signs of inflammatory response, endotoxemia or sepsis.²⁸ The removal of endotoxin turns down the exacerbated immune response, helping to stabilize the patient's hemodynamic parameters.²⁹



References

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- 2 Preexisting and inducible endotoxemia as crucial contributors to the severity of COVID-19 outcomes
- 3 WHO calls for global action on sepsis - cause of 1 in 5 deaths worldwide
- 4 A promiscuous interaction of SARS-CoV-2 with bacterial products
- 5 Exotoxins and endotoxins: Inducers of inflammatory cytokines
- 6 Cytokine storm”, not only in COVID-19 patients. Mini-review
- 7 COVID-19 and Toll-Like Receptor 4 (TLR4): SARS-CoV-2 May Bind and Activate TLR4 to Increase ACE2 Expression, Facilitating Entry and Causing Hyperinflammation
- 8 SARS-CoV-2 and immune-microbiome interactions: Lessons from respiratory viral infections
- 9 Risks and features of secondary infections in severe and critical ill COVID-19 patients
- 10 Bacterial pulmonary superinfections are associated with longer duration of ventilation in critically ill COVID-19 patients
- 11 Bacterial coinfections in coronavirus disease 2019
- 12 Hospital-Acquired Infections in Critically Ill Patients With COVID-19
- 13 Possible Cause of Inflammatory Storm and Septic Shock in Patients Diagnosed with (COVID-19)
- 14 COVID-19: it's all about sepsis
- 15 “Cytokine storm”, not only in COVID-19 patients. Mini-review
- 16 Preexisting and inducible endotoxemia as crucial contributors to the severity of COVID-19 outcomes
- 17 Endotoxin Adsorbent Therapy in Severe COVID-19 Pneumonia
- 18 Chapter 14 - Contribution of gut microbiota and multiple organ failure in the pathogenesis of COVID-19 infection
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- 21 Endotoxemia and circulating bacteriome in severe COVID-19 patients
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- 24 Clinical course and risk factors for mortality of adult inpatients with COVID-19 in Wuhan, China: a retrospective cohort study
- 25 Elevated levels of endotoxin, oxygen-derived free radicals, and cytokines during extracorporeal membrane oxygenation
- 26 Extracorporeal Blood Purification and Organ Support in the Critically Ill Patient during COVID-19 Pandemic: Expert Review and Recommendation
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- 29 Prolonged Cardiopulmonary Bypass is a Risk Factor for Intestinal Ischaemic Damage and Endotoxaemia